

## Take Hold Consulting Career Prep & Coaching Frequently Ask Questions (FAQs)

- **What is Career Prep & Coaching?**

Career Prep & Coaching is a process to jump start and drive college-to-career success. Our coaching process enables you to map & connect your skills, experiences and aspirations to achieve your goals: choosing an **education or career path**, defining & preparing for **targeted job opportunities** or moving to a **new company or career**. Beginning this process as early as possible will help you be best prepared for the competitive job market.

- **What services do you provide?**

We offer seminars, group workshops and individualized coaching. You can send specific questions to our email [info@takeholdconsulting.com](mailto:info@takeholdconsulting.com). We would be happy to discuss our services and determine which would be best for you.

- **When are workshops and seminars and where are they held?**

We hold periodic workshops and seminars for students and parents in local communities. Please check our website or contact us at [info@takeholdconsulting.com](mailto:info@takeholdconsulting.com) for an updated list of scheduled events.

Additionally, we will schedule tailored events upon request.

- **How much do your services cost?**

We have a variety of services. 1) Our seminars are short sessions, usually focused on one or more specific career preparation topics and are most affordable. 2) Our small group workshops are much more detailed and customized to you versus seminars and are slightly higher priced. The working sessions provide detailed career development tools for your specific needs which you can continue to use after the workshop. 3) We also provide very detailed, individualized coaching for any or all areas of career development needs.

- **What service do you recommend if I already have a job, but want to change companies?**

A trusted source is key during critical times of transitions. We are available for individualized coaching for professionals with a desire to transition to new company or job. Please contact us directly at [info@takeholdconsulting.com](mailto:info@takeholdconsulting.com).

- **How to start one-on-one coaching?**

On the Contact page, click on [info@takeholdconsulting.com](mailto:info@takeholdconsulting.com) and send us an email with a bit about your current needs and questions. We will quickly respond to begin the dialog.

## **About Us**

- **What is your background?**

We have worked in the materials industry for greater than 60+ years combined. We have experience with all types of companies, suppliers and deep customer knowledge across most major markets, industries and technologies. This allows us to understand many company cultures, roles & required critical skills.

Markets and industries include Packaging, Consumer, Automotive, Appliances, Footwear, Toys, Personal Care, Adhesives, Electronics, Energy, Construction, Medical and the multitude of technologies and suppliers that serve them.

**Because of our experience we know what businesses are looking for in candidates across all functions... we speak "industry and business language."**

- **What is your experience in career coaching?**

In addition to our leadership roles, we were also responsible for many internal and external career development activities: on-boarding new hires, managing and developing employees, leading cross-functional teams, targeting and executing university recruiting strategies and leading/participating in national & regional STEM Associations.

**We are passionate about helping in all aspects of early career development. Our expertise is guiding you to find the right path to fit your skills, experiences and aspirations.**

- **Where did you work?**

We each have 30+ years of work experience, including various global leadership roles across multiple strategic markets, businesses and geographies at The Dow Chemical Company.

- **What roles did you have during your careers?**

In addition to the attached professional work histories, we have both been in dual careers and we also have children. Education and career preparation are very important to us as parents too.

## **High School & College Students and Their Parents**

- **When should a student get started?**  
Your student should begin career preparation as soon as possible. A focused plan will: help minimize today's frequent college-major changes, outline a full college-credit course schedule and identify early internship or work-study opportunities. This plan can lower the overall cost and time in college while providing additional needed skills to obtain jobs.
- **Do you help guide students to college majors and education paths?**  
Our coaching process provides a detailed skill portfolio and aspiration assessment so students can more readily see their best fit for college majors. Selection of a college major leads to an ultimate career.
- **Can you help students thinking about attending a vocational or trade school?**  
Career development preparation is important for all education choices. We can provide guidance and tools for vocational and trade schools.
- **Do you coach students in all college majors?**  
We coach students across all college majors given our broad industry and education backgrounds.
- **Do career prep services include preparing and applying for a summer internship?**  
Yes, internships are an important means to gain needed applied skills and work experiences while still in college.
- **Do students need more than their college degree to get a job after graduation?**  
In addition to college classes and obtaining a degree, we coach students to obtain needed applied skills and experiences such as, internships, leadership and team collaboration, and how to communicate with impact to ensure a successful transition out of college into a job.
- **Do companies see skills gaps in new college graduates?**  
Today employers have documented and observed skill gaps in college graduates across most majors including complex problem solving, oral communication, applying knowledge & skills, teamwork and working with numbers & statistics.